

## INSTRUCTIONS FOR RUNNERS <br> U. S. STEEL FAMILY RUN - MINIMARATHON

Please carefully read the following instructions, which will help you become familiar with different situations on the day of the race.

## START of THE U.S.STEEL FAMILY RUN - MINIMARATHON

Start of the U. S. Steel Family Run - Minimarathon will take place on Saturday, 30 September 2023 on Hlavná street in the start area in front of the DoubleTree by Hilton hotel at 16:00 h.

## COLLECTING THE STRAT NUMBER

Place: Kulturpark / Alfa, Kukučínova 2, Košice
Date: $\quad$ 29.09.2023 (Friday) 10:00-19:00 h.
30.09.2023 (Saturday) 09:00-15:00 h.

What you need to pick up your Start nimber

- Start Acceptance - Each competitor who has met the conditions for participation in the event will receive this at their e-mail address. There is no need to print it; simply allow the code to be scanned from a mobile phone.
- Competitors under the age of 18 will show the Start Acceptance printed and signed by a legal representative!
- ID Card or Passport

Start number pick up by delegated person
The competitor can authorize another person to pick up his start number by filling in and sending the form that he can find in his runner account. (https://registration.kosicemarathon.com) Without the said authorization, it is not possible to issue the start number to another person.

## WHAT WILL THE PARTICIPANT GET AT THE START NUMBER PICK UP

- Start number, Chip
- An envelope with key instructions for the event
- Košice Peace Marathon 2023 Magazine
- U. S. Steel Family Run - Minimarathon T-shirt, available to pick up directly in the Kulturpark at the designated place.


## DO NOT FORGET

- Every MMM 2023 participant who shows a valid start number has the opportunity to use public transport in Košice for free from Friday, September 29 to Sunday, October 1.
- Shop at Fajne grocery stores and Fajne Bistro (from Dargov - Štúrova ulica or Cassovar - Žriedlová ulica) from 29.9. until 7.10. with a great $20 \%$ discount on all Fajne brand products. All you need to do is to have your Košice Peace Marathon 2023 start number with you.


## WHAT DO YOU NEED AT THE START

Start number - Every participant will receive one start number with an integrated chip. The start number must be placed visibly on the chest or on a sport belt. Any modification of the start number is forbidden. The chip cannot be folded, and the neoprene pad cannot be removed!

## YOUR TIME WILL NOT BE MEASURED WITHOUT THE CHIP.

Before entering the start sector, a competitor must identify him or herself with the start number. Without a start number the runner will not be allowed to enter the start sector and participate in the event.

## STORAGE ROOM

A runner can store their most necessary things in the storage room, which will be open from 15:00 to 17:00 in the Kulturpark. Each competitor will receive a bag to store his/her belongings from the storage room operator.
There will be a water tank in the finish line, and a limited number of showers will be available in the Alfa building in Kulturpark. For more information, contact our staff here.

## MEETING POINT / START SECTORS / ENTRY TO THE STARTING AREA

The start line is located on Hlavná ul. at the Doubletree by Hilton hotel.

For runners of this discipline the meeting point is located in the Start / Finish zone, with an entrance from the east side of Námestie Osloboditel'ov (see map). Entry to the start sector is only possible with a valid start number for the given discipline.
The start sector will be open in reasonable time before the start of the given discipline. The competitor can repeatedly leave the starting sector and return to the sector if necessary.

Line up for the start taking into account your performance and expected running pace. Leave the front positions to faster runners. Due to the number of runners and narrow areas of the course, take care of your safety and the safety of other participants during the entire race.


Follow the instructions and guidelines of the organizers.

## REFRESHMENT

Refreshments will be available after reaching the finish line.

## MEDICAL CARE

Medical assistance will be provided in the start / finish area.
If it is necessary to provide medical assistance to you or another runner, you have a phone with you and there is no organizing service nearby, call the number 155. The operator must be informed of the number of the competitor who needs help and his location on the course (approximate kilometre). Choose this procedure only in serious cases.

TOALETS
If necessary, use the toilets in the Aupark shopping centre.

## COURSE OF THE MINIMARATHON

The length of the Minimarathon course is 4 km .

- The start and finish of the Minimarathon is located on Hlavná street, between OD Dargov and the Doubletree by Hilton hotel.
- Hlavná street - west side to the turn before the intersection Hlavná - Bačíkova - Továrenská
- Return along the east side of Hlavna street
- Turning to Univerzitna street
- Through Hrnčiarska to Podtatranského street
- Crossing the bridge above Štefánikova street to the City park
- After the circuit in the City Park, the runners return via Mlynská street to Hlavná street and to the finish identical to the start
See the course map at the end of these instructions and at www.kosicemarathon.com.
REACHING THE FINISH LINE
The finish is located at the same spot as the start. Every competitor who crosses the finish line is immediately moved to the finish service. There he collects his medal, refreshment and continues without delay out of the finish service zone, which is capacity limited.


## AWARD CEREMONIES

The Award ceremony will be held in the start and finish area at 16:30 h .
Minimarathon men - top three
Minimarathon women - top three

## END OF THE EVENT

The course will be closed at 17:00 hod.

## OTHER CONDITIONS AND WARNINGS

Detailed terms of participation in the U.S.Steel Family Run - Minimarathon are subject to the General Terms and are obligatory for every registered Participant of the Event.

- All participants start on their own risk.
- Participants of the Minimarathon under the age of 12 must run accompanied by an adult, properly registered for this event.
- Each runner is personally responsible for the decision on his or her physical condition and on the ability to overcome the whole distance in chosen category.
- The accompanying of Participants by other persons along the course during the Event on bicycles and similar transport vehicles is prohibited and may have as a consequence disqualification of the so-accompanied Participant. Only persons accredited and properly identified by the Organizer for the purpose of fulfilling tasks defined by the Organizer may move along the course on bicycles or similar transport devices.
- All participants must respect the instructions of referees, track marshals and organizers.
- The start number assigned to a Participant is not transferable to another person. In the case of violation of this provision of General Terms, the persons demonstrated as having committed the violation run the risk of disqualification in the given year of the Event and also a ban on starting in future years.
- The participation of a competitor with a child in a carriage is prohibited in all disciplines of the Event, unless the Propositions of the specific Event state otherwise.


## TELEVISION BROADCAST

For all who are interested, there is an opportunity to watch the live television broadcast of the Košice Peace Marathon on the RTVS channels. For viewers abroad live broadcast will be available online at www.rtvs.sk.

## PLEASE READ THESE INSTRUCTIONS CAREFULLY! ALSO AVAILABLE AT WWW.KOSICEMARATHON.COM.

## We wish you a pleasant and successful Marathon weekend in Košice

## COURSE MAP - U.S.STEEL FAMILY RUN - MINIMARATHON



